

Issue: 04/2023-24

Date: 01.10.2023

RI DIST 3181

Club Charter No:51077

## OFFICIAL BULLETIN OF ROTARY CLUB OF MANGALORE DOWNTOWN

### PRESIDENT:

**Rtn Ganesh Prabhu**  
+91 9972096035

### SECRETARY

**Rtn Umesh A.**  
+91 7975525054

### Treasurer

**Rtn Suraj N.D. Hebbar**  
+91 9448386322

### Bulletin Editor

**Rtn Rajesh Shetty K**  
+91 9886118171

### We Meet :

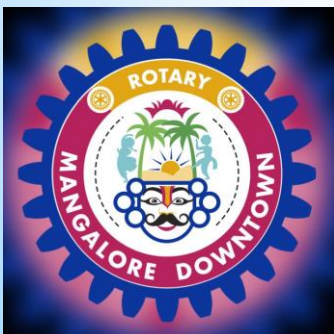
Every Tuesday

**Venue:** Green Room,  
Eden Club, Nanthoor,  
Mangalore - 575008

**Time:** 7:30 PM

### Club Website:

<http://rcmangaloredowntown.rotaryindia.org/>



## PRESIDENTIAL MUSINGS

"Youth are the future of tomorrow".

Rotary in its own way develops leaders among youth. In this direction our club conducted installation of our Interact Club at Sri Ramashrama English Medium School and creating an opportunity for the students to be the future leaders. Supporting creativity in students is also part of developing



better human beings for the future. In this regard, we have sponsored the expenditure of conducting 'Prathibha Karanji', conducted by DKZP School, Bayalu for Aniyur-Kakkinje Cluster.

September is the month of basic Education and Literacy. In education, the role of a teachers is very prominent which is more akin to a sculptor, who can make or break a student. Therefore, recognising the role played by the teachers in shaping the future of a student becomes very important. Our club recognised the services of 5 prominent teachers.

Parkinson, one of the scariest diseases affecting humans. We have conducted a joint project with RC Mangalore Mid-Town & RC Mangalore Sunrise where Hariprasad & Mamta, Husband & Wife Duo spoke on the subject and demystified the disease. A very informative and inspiring talk.

In the month of October, the Zonal Indoor games and Cultural competitions are coming up. I am sure our members including our Anns, Annets and Jons are eagerly awaiting to participating in these events and coming out with flying colours.

World Polio Day will be celebrated on 24<sup>th</sup> October. We, the Rotarians are *creating hope in the world* in the eradication of Polio from this world. We have come so close to this goal and I am hopeful that it will be achieved in near future.

## “Sponsorship of Prathibha Kaaranji”



**16<sup>th</sup> September, 2023**

Our club sponsored the expenditure relating to the conducting of Aniyoor-Kakkinje Cluster Level “Prathibhaa Kaaranji” conducted at DKZP School, Bayalu in Belthangady Taluk. The programme was organised by Block Educational Office in association with Block Resource Centre, Belthangady (Aniyoor-Kakkinje Centre).

EVERY student has special talents. It is our duty and privilege to find these talents and to adopt our lessons to best implement them.

**- Robert John Meehan, American Educator**



# TEACHER'S DAY CELEBRATION



Teacher's contribution in creating the future generation of any country is immense. A teacher can make or break the future of a kid.

Recognising the contributions of the teachers in the Nation Building, we, Donwtowners, on the occasion of Teachers Day celebrations held on 12<sup>th</sup> September, 2023, have felicitated following 5 teachers namely: Smt Sudha Kudva, Smt Sujatha, Smt Aida Lucy Menezes, Smt Lucy Silvia Dsouza and Shri Devdas Kini during our weekly meeting.

“Teachers, I believe, are the most responsible and important members of our society because their professional efforts affect the fate of the earth”

**-Helen Caldocott, an Australian Ant-nuclear Activist & Physician**

# INSTALLATION OF INTERACT CLUB



Our Interact Club at Ramashrama English Medium School, Konchadi was installed on 16th September, 2023. Rtn P.D. Shetty, Assistant Governor, Zone-3 was the Installation Officer. Basavaraj took charge as the President, Pranamyia K., as the Secretary while Jnana as the Sergeant-at-Arms for the year 2023-24.

After the installation ceremony, the Installation Officer Rtn P.D. Shetty briefed the new office bearers of the Interact Club about their responsibilities and the ways by which the activities of the Interact Club is to be carried out.

“My hope of the future lies in the youths of character intelligent, renouncing all for the service of others, and obedient – good to themselves and to the country at large.”

**-Swami Vivekananda**



# FORTHCOMING ROTARY EVENTS

## "CHAKRATHON"



**CREATE HOPE in the WORLD**

**Rotary Clubs of India**  
unite for a cause

**CHAKRATHON**  
Pedal for India

August 15, 2023 to January 26, 2024

An initiative of  
**Rotary**  
Club of Bangalore

Powered by  
Rotary District 3191    Rotary District 3192

165 days    76 Million kms    50 Million People

SPORTS PARTNER  
**DECATHLON PLAY**

More details contact  
Vincent P Raj : +91 96481 29754  
Sukhen Padmanabha : +91 99099 93992  
email : sukhenspadmanabha@yahoo.com  
Link for chakrathon  
<https://dktpay.page.link/chakrathon>

SCAN TO REGISTER

[www.rcb1934.in](https://www.rcb1934.in)    [f](#)    [t](#)    [in](#)    rcb1934

Under the initiative of Rotary Club of Bangalore, Rotary Clubs of India unite for a cause in organising "CHAKRATHON- Pedal for India", a unique programme arrange from 15<sup>th</sup> August, 2023 to 26<sup>th</sup> January, 2024. It is spread over 165 days where participants are advised to cycle at their convenience using a Decathlon Play App which registers the distance covered by them.



**CREATE HOPE in the WORLD**

**CHAKRATHON**  
Pedal for India

**FREQUENTLY ASKED QUESTIONS**

**Q**

- Duration ?  
A. 15th Aug 2023 to 26th Jan 2024 (165 days)
- Where ?  
A. Your choice of place
- When ?  
A. At your convenient time
- Who can participate ?  
A. Anybody, any age, any gender
- Cost of registration ?  
A. Rs. 99 + GST
- How to register ?  
A. Scan on the QR Code or connect through the link, given below
- Why should I participate ?  
A. To support Rotary Community Projects
- How many kms do I have to cycle ?  
A. You can choose - 7.6 / 76 / 760 / 7600 kms
- Do I cycle all at once ?  
A. No, at your convenience
- How do I register my kms ?  
A. Log on to Decathlon Play App, everytime you cycle
- What do I get for participation ?  
A. Other than helping Rotary Projects you will receive a certificate of participation, a Gift Voucher and exciting prizes from Decathlon

**SPORTS PARTNER**  
**DECATHLON PLAY**

More details contact  
Vincent P Raj : +91 96481 29754  
Sukhen Padmanabha : +91 99099 93992  
email : sukhenspadmanabha@yahoo.com  
Link for chakrathon  
<https://dktpay.page.link/chakrathon>

SCAN TO REGISTER

[www.rcb1934.in](https://www.rcb1934.in)    [f](#)    [t](#)    [in](#)    rcb1934

# ROTARY INTERNATIONAL CONVENTION - 2024

## "SHARING HOPE WITH THE WORLD"

Rotary International Convention for 2024 will be held at Singapore during 25<sup>th</sup> to 29<sup>th</sup> May, 2024.

The venue will be Martina Bay Sands Expo & Convention Centre and National Stadium, Singapore.

Interested members are requested to register for the event.

#Rotary24



**SHARING HOPE WITH THE WORLD**  
**SINGAPORE | 25-29 MAY 2024**



| REGISTRATION CATEGORY                             | 27-31 MAY 2023 | 1 JUNE 2023 TO 15 DECEMBER 2023 | 16 DECEMBER 2023 TO 31 MARCH 2024 | 1 APRIL 2024 TO 29 MAY 2024 |
|---|----------------|---------------------------------|-----------------------------------|-----------------------------|
| Club member, nonmember, or guest, age 31 or over  | \$450          | \$500                           | \$595                             | \$695                       |
| Club member, nonmember, or guest, age 30 or under | \$150          | \$175                           | \$225                             | \$275                       |
| Guest age 5-18                                    | \$20           | \$20                            | \$30                              | \$40                        |
| Guest under age 5                                 | Free           | Free                            | Free                              | Free                        |
| Saturday, House of Friendship only                | \$60           | \$60                            | \$60                              | \$100                       |

All amounts are in U.S. dollars.



Register today at [convention.rotary.org](https://convention.rotary.org)  
**#Rotary24**

EN

# FORTHCOMING ROTARY EVENTS



Rotary  
District 3181

Ride for Rotary  
8th Edition

Registrations open  
[www.rideforrotary.com](http://www.rideforrotary.com)



## “RIDE FOR ROTARY – 8<sup>TH</sup> EDITION”

Get ready for an exciting journey with Ride for Rotary 8, scheduled for January 2024. 8<sup>th</sup> Edition of Ride For Rotary conducted by our District RID 3181 will be in two legs. The first one starts on 5<sup>th</sup> January, 2024 is from Udaipur to Goa and reach Mysuru on 20.01.2024. The second leg starts on 1<sup>st</sup> June, 2024 is from Chandigarh to Leh, Ladakh. Our Member, MD Rtn Suraj Hebbar Neria is part of the organising Team.

Email: [IFCRCHENNAI@GMAIL.COM](mailto:IFCRCHENNAI@GMAIL.COM)

**Rotary**  

IFCR CHENNAI invites you to  
**IFCR WORLD FESTIVAL 2024**  
12<sup>th</sup> -16<sup>th</sup> Feb 2024

Registration cost  
USD 300/INR 22,000  
excluding  
accommodation  
charges

Last date of  
registration is  
30th Sep 2023

<https://bit.ly/IFCR2024>



Rtn Jagannathan Maraimalai  
Chairman

Rtn Neelakantan Ramaseshan  
Convener

Rtn KRP Sarathy  
Coordinator

## “IFCR WORLD FESTIVAL-2024 ”

IFCR WORLD FESTIVAL 2024 is planned in Chennai during 12<sup>th</sup> to 16<sup>th</sup> FEBRUARY 2024 by IFCR CHENNAI (3232). The registration needs to be done by the individual IFCR Members and teams would be formed by the host team during the inaugural ceremony of the world festival. The registrations have to be completed online in google form at this link <https://bit.ly/IFCR2024> latest by 30th Sep 2023.



# FORTHCOMING ROTARY EVENTS



## “PRAJNA PARVA”

Annual District conference for Rotary year 2023-24 has been aptly named “Prajna Parva” denoting ‘Festival of Supreme Knowledge’. It is being organised from 19<sup>th</sup> to 21<sup>st</sup> January, 2024 at Silent Shores, Mysore. Registration fee is Rs.50,000/- for Gold Patrons, which includes registration for couple, stay for couple at the venue and for Rotarians, Anns, Annets and Guests it is Rs.4,500/-.



## “ZONAL EVENTS FOR ZONE 2 & 3 ”

The following are the dates for the Zonal Events to be held for the Rotary Year 2023-24 for Zone 2 & 3.

**Downtowners are requested to brace themselves for the**

| Date                            | Name of the Event     | Host Club             |
|---------------------------------|-----------------------|-----------------------|
| 8 <sup>th</sup> October, 2023   | Indoor Games          | RC Mangalore Hillside |
| 29 <sup>th</sup> October, 2023  | Cultural Competitions | RC Baikampady         |
| 5 <sup>th</sup> November, 2023  | Cricket               | RC Mangalore City     |
| 19 <sup>th</sup> November, 2023 | Outdoor               | RC Mangalore East     |

# FORTHCOMING ROTARY EVENTS

## “ROTARY SPARDHAA -ZONAL INDOOR EVENTS FOR ZONE 2 & 3 ”

“Rotary Spardhaa”- Zonal Indoor Games for Zone 2 & 3 of RID 3181 is being organised by Rotary Club of Mangalore Hillside on 8th October, 2023 at Father Muller's Indoor Sports Complex, Kankanady, Mangalore.

Various events in Shuttle Badminton, Carrom, Chess, Table Tennis will be held in different age group categories. All Dntowners are requested to participate in these events.

Rotary    **Rotary Club of Mangalore Hill-Side**  
Club Charter: 027706 | Zone - II R.I Dist. 3181  
15<sup>th</sup> Sept, 2023

Namaskar Friends in Rotary

Greetings from all at Rotary Club of Mangalore Hill-Side

As we are organising this years “ROTARY SPARDHAA” - Zonal Indoor Games on Sunday 08<sup>th</sup> October 2023, at Fr. Muller Indoor Sports Complex, Mangalore starting 08.00 AM.

Please Note that these Events will be played & the Awards will be distributed on the same day. The Event will start with Breakfast & Conclude with Lunch. Your Clubs Participant List should reach us latest by 03<sup>rd</sup> October, 2023. Also Note we would not entertain any Registrations on 08<sup>th</sup> October 2023. Each Rotarian, Ann or Annet would be **eligible to participate in only one Event** making way for Highest Number of Participation by All Clubs. Please refrain from making any requests to mend this rules in the Good Sportsmanship & Active Fellowship in Rotary.

| Shuttle Badminton                          | Table Tennis                               |
|--|--|
| 1. Below 14 Yrs for Annets & Joans         | 1. Below 14 Yrs for Annets & Joans         |
| 2. Above 14 upto 18 yrs for Annets & Joans | 2. Above 14 upto 18 yrs for Annets & Joans |
| 3. Below 40 for Rotarians                  | 3. Below 40 for Rotarians                  |
| 4. Above 40 for Rotarians upto 50 yrs      | 4. Above 40 for Rotarians upto 50 yrs      |
| 5. Above 50 for Rotarians                  | 5. Above 50 for Rotarians                  |
| 6. Below 30 for Anns                       | 6. Below 30 for Anns                       |
| 7. Above 30 for Anns                       | 7. Above 30 for Anns                       |
| 8. Open Mixed Doubles                      |  |

Each Club Only one Team

| Chess                                      | Carrom                                     |
|--|--|
| 1. Below 14 Yrs for Annets & Joans         | 1. Below 14 Yrs for Annets & Joans         |
| 2. Above 14 upto 18 yrs for Annets & Joans | 2. Above 14 upto 18 yrs for Annets & Joans |
| 3. Rotarians (Open Category)               | 3. Rotarians (Singles & Doubles)           |
| 4. Anns (Open Category)                    | 4. Anns (Singles & Doubles)                |

Each Club Only one Team

**PLEASE NOTE**  
For Shuttle Badminton, Table Tennis & Carroms the Entries are separate for Singles & Doubles (However, in case we do not have 3 Entries in each Category there will not be an Event)  
A humble Request All Entries Before 03<sup>rd</sup> October, 2023 with the Registration Fee per Club as Fixed at the ZRM's appreciated Early for the Smooth Conduct of the Events.  
Members only who have paid their semi annual dues before 31 July 2023 are eligible.  
Non Marking Shoes only allowed inside the play area.

Come Give us the Opportunity to Allow you have the Best of Fellowship...

**Thanking You**

|  |   |   |
|--|---|---|
| <b>Rtn. Kiran Kumar M</b><br>President<br>M: 93432547676 | <b>Rtn. Sagar Kalaria</b><br>Secretary<br>M: 7487975617 | <b>Rtn. Nigam Vasani</b><br>Event Chairman<br>M: 9343561500 |
|--|---|---|

Have more Blood Relatives 

## “BUSINESS EXPO-2K23”

Rotary  

**Business Expo  
2K23**

**December 23,24,25. 2023**

**Organised by Rotary Club Puttur Central  
Zone 5 RID 3181  
Mob : 9448732414**

“BUSINESS EXPO-2K23”- is being organised by Rotary Club of Puttur Central from 23<sup>rd</sup> to 25<sup>th</sup> of December, 2023 at Puttur.



# FORTHCOMING ROTARY EVENTS

## MULTI DISTRICT RLI LEADERSHIP PROGRAMME

**“Multi District Rotary Leadership Institute”- RLI Part-II & III**, a Leadership Programme for Rotarians is to be held on 8<sup>th</sup> October, 2023 at Rotary Hall, G.T. Road, Madikeri. The programme is hosted by Rotary Misty Hills Madikeri.

REGISTRATION CLOSED

Thanks for Overwhelming Response. Looking forward to welcoming... all Registered participant for the event.

MULTI DISTRICT

**ROTARY LEADERSHIP INSTITUTE**

RI DIST 3181, 3182, 3191, 3192

A Leadership programme for Rotarians

UPDATE your Rotary Knowledge

ENHANCE your Rotary Skills

EXPLORE your Potential in Leadership

No Spot Registration

RLI PART - II & PART - III

HOSTED BY :

ROTARY MISTY HILLS Madikeri

On 8th October 2023

(Sunday) 9.00 am

@ Rotary Hall

G.T. Road, Madikeri

Rtn. Harish H.M.

District Secretary (Training) 2023-24

Mob.: 9945135611, Email : harish.h.m59@gmail.com

|                              |                              |
|------------------------------|------------------------------|
| Rtn. Pramod Kumar Rai        | Rtn B.N. Rathnakar Rai       |
| President                    | Secretary                    |
| Rotary Misty Hills, Madikeri | Rotary Misty Hills, Madikeri |

## “SAMARPAN-2K23”

Registrations OPEN for the MOST sought after event of the Rotary year

Rtn. Gordon B. McInally  
RI President

Rtn. H.R. Keshav  
District Governor

PDG Rtn. Krishna Shetty  
ARRVC

Rtn. Dr. Suresh Narayana K  
IMRC

Rtn. Ajayama Nagesh  
District Secretary

Rtn. K. Vidhwan Shree  
Event Chairman

Rtn. Bhatkar Radhakrishna Rai  
President  
Rotary Club Puttur East

Rtn. Purandar Bai  
Asst. Governor  
Zone V

# SAMARPAN 2K23

## Ek Soch... Ek Astha...

The TRF Seminar of RID 3181  
Hosted by Rotary Club Puttur East  
@ the divine abode of Lord Krishna  
on 25th & 26th Nov 2023 @ Town Hall, Udipi

Registration fees @ Rs 1500/-

QR Code

Bank Details:

Name: Samarpan 2k23

Act no : 110144795121

Bank : Canara Bank

Branch : Puttur

IFSC Code : CNRB0000615

KINDLY SHARE DETAILS/ SCREENSHOT with Rtn Abbas K, Treasurer - S2k23 - +919342584213

**“SAMARPAN-2K23”- Ek Soch Ek Aastha**, TRF Seminar for RID 3181 is being organised by Rotary Club of Puttur East on 25<sup>th</sup> & 26<sup>th</sup> November, 2023 at Town Hall, Udupi.

Registration fee is Rs.1,500/- per Rotarians. Interested members are requested to register themselves.

# EVENTS THAT JUST HAPPENED

## “BIKE RALLY GANG”



**ROTARACT E-CLUB OF MANGALORE UNITED**  
IN ASSOCIATION WITH  
DISTRICT CLUB SERVICE TEAM RID 3181  
Public Image and Road Safety Awareness Initiative of RID 3181  
**RIDE FOR ROAD SAFETY**  
**BIKE RALLY "GANG"**  
FLAG OFF  
RTN. MPHF KESHAVA PRASAD MULIYA  
PRESIDENT, 3181 MANGALINGESHWARA TEMPLE COMMITTEE

**SATURDAY 16 SEPTEMBER**  
8 AM | 2023







**ROTARACT E-CLUB OF MANGALORE UNITED**  
In association with  
DISTRICT CLUB SERVICE TEAM RID 3181  
Public Image and Road Safety Awareness Initiative of RID 3181  
**RIDE FOR ROAD SAFETY**  
JOIN US TO PROMOTE  
**BIKE RALLY GANG**  
DISTRICT ROTARACTORS MEET-UP  
**16TH SEPTEMBER 2023**  
Note: Special Recognition for Highest Riders Club  
MEETING POINT  
8.00 AM at Mahalingeshwara Temple Ground, Puttur  
ROUTE: Puttur-Sullia-Madikeri-Kushalnagar  
DRESS CODE: Jeans & Any Jacket  
FOR MORE DETAILS  
Rtr.Yathin Rai 90085 57995  
Rtr.Rahul Acharya 95915 17282  
Rtr.Manish Hegde 87490 95701  
Rtn.Harsha Kumar 90085 96413

‘BIKE RALLY GANG’- District Rotaract Meet-Up organised on 16<sup>th</sup> September, 2023 by Rotaract E-Club of Mangalore United in association with District Club Service Team for RID 3181 as a Public Image & Road Safety Awareness initiative of RID 3181. The rally was flagged off from Mahalingeshwara Temple Grounds, Puttur and after crossing Sullia and Madikeri culminated at Kushalnagar.

## “ROTOQUIZ - 2023”







Organized by  
Rotary Club of Bangalore  
in association with  
**Rotary Club of Mangalore**  
**RAMNARAYAN CHELLARAM ROTOQUIZ**  
64<sup>th</sup> EDITION  
The Longest Running Live Quiz in the World!  
Prizes for Prelims:  
1st Place: ₹ 10,000  
2nd Place: ₹ 7,000  
3rd Place: ₹ 5,000  
4th Place: ₹ 3,000  
Prizes for Finals:  
1st Place: ₹ 50,000  
2nd Place: ₹ 30,000  
3rd Place: ₹ 15,000  
4th Place: ₹ 10,000  
5th Place: ₹ 5,000  
Reporting time: 8.30 am  
SDM College  
Conference Hall  
Mangalore  
Register Now  
Participation opens on 15th September 2023  
Open to all Colleges, PUC & above including for XI and XII  
Maximum of 8 teams per College/Institution & 2 students in each team.  
Rotaract Club of SDM PG Centre for Management Studies and Research



“Ramnarayan Chellaram Rotoquiz - 2023”, 64<sup>th</sup> Edition, longest running Live Quiz in the world was organised Rotary Club of Bangalore in association with Rotary Club of Mangalore. The prelims of the quiz took place in Mangalore on 23<sup>rd</sup> September, 2023 at SDM College, Mangalore. The finals were held at Bangalore on 25<sup>th</sup> September, 2023. It was open to all students of PUC and above (including Class XI & XII).



## ROTARIANS IN NEWS

**Rotary** **CREATE HOPE in the WORLD**

**RI District 3181**

**Rtn Keshav H R**  
District Governor 2023-24

**Rtn Gordon R. McNally**  
President, Rotary International 2023-24

**Bon Voyage**

**Rtn Gajendra V Adke** **Rtn Anand Shetty**

Another grand opening for promoting Rotary...  
Rotary Veterans, Rtn Gajendra V Adke & Rtn Anand Shetty, both from Rotary Mangalore EAST to represent our District 3181 @ the IFCR tournament of cricket in Sydney, Australia.

A matter of great pride for all of us at Rotary 3181, as we wish them BEST LUCK for a stupendous performance & also great time with their families in the Australian continent.

The game will be held at WYONG from 21st to 25th September 2023. BON VOYAGE to our stars of Cricket & a great trip abroad.

**Rtn AKS K.Vishwas Shenoy**  
Chairman-Public Image

**Rtn Aiyanna A N**  
District Secretary - Events

### RTN. ANAND SHETTY & RTN GAJENDRA V. ADKE

Rtn Anand Shetty and Rtn Gajendra V. Adke of RC Mangalore East represented RID 3181 in IFCR Cricket Tournament organised at Sydney, Australia from 21<sup>st</sup> to 25<sup>th</sup> September, 2023.

## NOTABLE ROTARIANS AROUND THE WORLD

**ROTARY'S BEST**  
**Rotary** **PEOPLE OF ACTION**

**PRINCE RAINIER III**  
ROTARY CLUB OF MONACO

**CLASSIFICATION**  
Rainier III was Prince of Monaco from 1949 to his death in 2005. Rainier ruled the Principality of Monaco for almost 56 years. Rainier was born at the Prince's Palace of Monaco, the only son of Hereditary Princess Charlotte and Prince Pierre. A member of Rotary Club of Monaco.

**SERVICE ABOVE SELF**  
Researched & Compiled by: Rtn Tony Cama

**anbrcama**

Anbrcama Copyright © 2023 All Rights Reserved

**NOTABLE ROTARIANS AROUND THE WORLD**  
**FAMOUS ROTARIANS**

### RTN. PRINCE RAINIER III

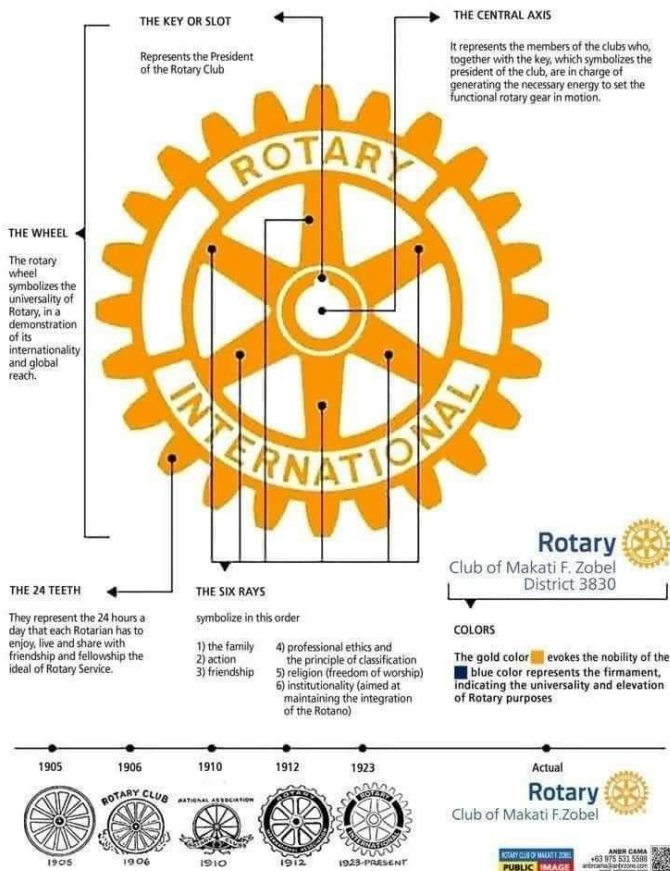
Rainier III was the Prince of Monaco from 1949 to his death in 2005. Rainier ruled the Principality of Monaco for almost 56 years. Rainier was born at the Prince's Palace of Monaco and was the only son of Hereditary Princess Charlotte and Prince Pierre. He was a member of Rotary Club of Monaco.

# ROTARIANS IN NEWS



Happy to share that Past Rotary International Director **Rtn. A.S. Venkatesh**, has been invited to serve as Chairman of International Assembly 2025 to be held at Orlando. He is the first Indian to wear this Cap.

## WHAT DOES THE ROTARY WHEEL MEAN?



Rotary District 3191



CREATE HOPE in the WORLD



## DID YOU KNOW?

**Harry L. Ruggles** one of the **1st member of the Rotary Club of Chicago** created the Rotary **"NAME BADGE"** we all wear so proudly at meetings.  
He also Introduced **The tradition of singing** at Rotary club meetings began in 1905





## 24<sup>th</sup> October - “World Polio Day”



World Polio Day highlights the global efforts to end polio worldwide. Polio is a life-threatening disease caused by the poliovirus, which the World Health Assembly committed to eradicate in 1988. World Polio Day was established in 1985 by Rotary International to commemorate the birth of Jonas Salk, who was the lead medical researcher of the team that developed a vaccine against polio. He developed the inactivated poliovirus vaccine, which first came into use in 1955. World Polio Day is a time for Rotary members, public health advocates, and all who want a world free from polio to come together, recognize our progress in the fight to end polio, and talk about

the actions we need to take in order to end polio for good.

Every year on 24 October, we observe World Polio Day to raise awareness of the importance of polio vaccination to protect every child from this devastating disease, and to celebrate the many parents, professionals and volunteers whose contributions make polio eradication achievable.

To ensure a polio-free future for everyone, efforts must continue to maintain high immunization coverage, implement high-quality surveillance to detect any presence of the virus, and prepare to respond in the event of an outbreak.

Rotary has been working to eradicate polio for more than 35 years. Our goal of ridding the world of this disease is closer than ever.

As a founding partner of the Global Polio Eradication Initiative, we've reduced polio cases by 99.9 percent since our first project to vaccinate children in the Philippines in 1979.

In 1979, Rotary International begins its fight against polio with a multi-year project to immunize 6 million children in the Philippines. In 1985 Rotary International launches PolioPlus, the first and largest internationally coordinated private-sector support of a public health initiative, with an initial fundraising target of US\$120 million. India was declared Polio free in the year 2014.

Rotary members have contributed more than \$2.1 billion and countless volunteer hours to protect nearly 3 billion children in 122 countries from this paralyzing disease. Rotary's advocacy efforts have played a role in decisions by governments to contribute more than \$10 billion to the effort.

Today, polio remains endemic only in Afghanistan and Pakistan. But it's crucial to continue working to keep other countries polio-free. If all eradication efforts stopped today, within 10 years, polio could paralyze as many as 200,000 children each year.

# September reflections

## PARKINSON'S DISEASE DEMYSTIFIED



Our club in association with Rotary Club of Mangalore Mid-Town and Mangalore Sunrise organised a joint meeting on 4th September, 2023 at Eden Sports Club, Mangalore. The topic for the evening was 'Demystifying Parkinson's Disease.' Hariprasad & Mamta, Husband & Wife Duo were the Speakers for the day. Hariprasad, who was diagnosed with Parkinson's Disease in the year 2008. He underwent Deep Brain Stimulation (DBS), a neurosurgical procedure in the year 2015 and since then he is managing the disease quite comfortably. The Husband & Wife duo are on a mission to spread awareness about the disease and are traveling across India and abroad by road to create awareness by speaking to patient groups, physician groups, caretaker groups etc. We are fortunate to have them addressing to us about the disease and their experience in battling the disease. Such an informative talk. Rtn Dr. Geover Lobo described in detail about the parkinson disease. AKS Rtn Vishwas Shenoy, Chairman, Rotary Public Image –RID 3181 was the Chief Guest. Rtn Shivani Baliga and Rtn P.D. Shetty, AGs of Zone-3 and Rtn Vinod Kudwa, AG, Zone-2 were the Guests of Honour.





## BRAIN TEASERS



### SUDOKU

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 |   |   |   | 2 |   | 7 |   |   |
|   | 8 |   |   |   |   | 2 |   |   |
|   |   |   | 4 |   |   |   |   |   |
|   | 1 | 4 |   |   | 7 | 3 |   | 9 |
|   |   |   | 3 | 9 |   |   |   |   |
| 8 |   |   | 5 |   | 2 |   |   |   |
| 4 | 2 |   | 8 |   |   |   |   |   |
|   | 3 | 5 |   |   | 1 |   |   |   |
|   | 7 |   |   | 5 |   |   | 2 |   |



### ROTARY QUIZ

- 1) When was 'Inner Wheel', an organization for the wives and daughters of the Rotarians was formed?
- 2) Who was instrumental in founding of Inner Wheel?
- 3) When was the first e-Rotary Club was formed?
- 4) Which is the first Rotary E-Club of India?
- 5) When was Rotaract launched?

### RIDDLES

**What belongs to you but other people use it more than you?**

## The Downtowners



Rtn Er. Anil Baliga was felicitated on the occasion of Engineer's Day by the Association of Consulting Civil Engineers (India), Belthangady Centre in a programme held on 15<sup>th</sup> September, 2023 at Krishnanugraha Sabha Bhavan, Ujire.



Our member Rtn Jayaraj K's new office premises was inaugurated on 8<sup>th</sup> September, 2023 at Ground Floor, Crystal Arc, Balmatta Road, Mangalore.

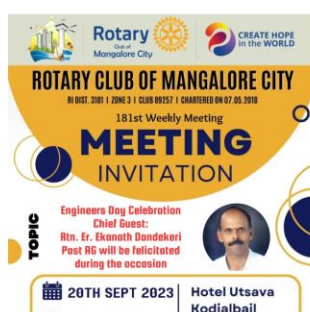




# The Downtowners



"Denna Dennana - 2023", Yuvavahini Inter Unit Cultural Competition Program was organised on 10<sup>th</sup> September, 2023 at Town Hall, Mangalore under the auspices of Yuvavahini (R) Central Committee. Our member Rtn Rajesh B. participated in the event and his Unit won prizes.



Our member PAG Rtn Er. Eknath Dandekeri was felicitated on the occasion of Engineer's Day Celebrations held on 20<sup>th</sup> September, 2023 at Hotel Utsav, Mangalore by Rotary Club of Mangalore City.



# The Downtowners



“Engineer's Day & Techno Week-2023” was organised by Association of Consulting Civil Engineers (India), Mangalore Centre on 15<sup>th</sup> September, 2023 at Mangalore. Our Member Rtn Er. Eknath Dandekeri, Treasurer of ACCE(I), was on the dais.



Rotary

**Rotary Club of Mangalore Hill-Side**  
**Sri Subrahmanya Sabha, Mangalore**  
**Canara Vikas College of Physiotherapy**  
**Indian Red Cross Society - DK District**  
**Deeksha Opticals, Mangalore**  
*organising a*

**Free Medical Check-up,  
 Physiotherapy Treatment  
 & Blood Donation  
 Camp**

**Date : 10.09.2023 || Camp Time: 09.00 AM - 02.00 PM**  
**Venue : Sri Subrahmanya Sabha, Jail Road, Mangalore**

**Inaugural Ceremony**  
**Chief Guest**  
**Rtn Vikramdatta, DGE, RID 3181**

*You're welcome*

|   |  |   |
|---|--|---|
| Rtn. Kiran Kumar M<br>President,<br>RCM Hill-Side | Sri Harsha Kumar Kedige<br>President,<br>Sri Subrahmanya Sabha | Dr. N Nithinchandra Kini<br>Principal,<br>Canara Vikas College of Physiotherapy |
|---|--|---|

CA Shantharam Shetty  
Chairman  
Red Cross, DK District

Rtn. Anil Ramanujam  
Deeksha Opticals  
Mangalore

Our President Rtn Ganesh Prabhu is leading the club by example. He donated blood at the Blood Donation Camp held on 10.09.2023 at Subrahmanya Sadana, Mangalore organised by RC Mangalore Hillside in association with Indian Red Cross Society and other social & education organisations.





## The Downtowners



Rtn Dr. Savitha Gatty, Medical Officer, PHC Bondel was felicitated by Hon. MD, MESCOM Smt. D. Padmavathi on the occasion of Ganesh Chaturthi celebrations at MESCOM Kavour Division on 19<sup>th</sup> September, 2023



Our member Rtn Dr. Savitha Gatty was the Guest of Honour at “Poshan Abhiyaan Programme” and Fancy dress competition organised for Anganawadi children at Shivanagara, Moodshedde on 13.09.2023





## ROTARY INTERNATIONAL PRESIDENT NOMINEE FOR 2025-26



**Mário César Martins de Camargo**

Mário César Martins de Camargo, a member of the Rotary Club of Santo André, São Paulo, Brazil, has been selected to become Rotary International President for 2025-26. He will officially become the nominee on 15 September if no other candidates challenge him.

De Camargo plans to boost Rotary's public image by working from the top down.

"Rotary today has strong competition for members and funds," he says. "We need to rejuvenate the brand, especially in some zones. We should utilize post-pandemic Meeting tools ..... to allow the president to address Rotarians

all over the globe. We also need to develop more long-term partnerships with political, community, and business leaders. Let's emphasize our greatest asset: 1.4 million volunteers."

He also hopes to improve Rotary's process for appointments and governance.

"Rotary should adopt a more transparent system to appoint volunteers for positions, with clear criteria and data-based evaluation of results," he says.

De Camargo was president of Gráfica Bandeirantes and has been a consultant to the print industry in Brazil. He has also served as president and chair of several printing and graphics trade associations, including the Brazilian Association of Graphic Technology and ABIGRAF, the Brazilian Printing Industry Association.

He has served on the board of Casa da Esperança (House of Hope), a hospital sponsored by his Rotary club that serves 150,000 children with disabilities every year.

De Camargo studied in the U.S. and Germany and holds degrees from EAESP-Fundação Getúlio Vargas in business administration and Faculdade de Direito de São Bernardo do Campo in law.

A Rotarian since 1980, de Camargo has served Rotary as director, trustee, RI learning facilitator, committee member and chair, and task force member.

De Camargo and his wife, Denise, are Major Donors and Benefactors of The Rotary Foundation.



## BIRTHDAY WISHES TO OUR MEMBERS AND THEIR FAMILY MEMBERS

|   |                                |
|---|--------------------------------|
| <b>RTN PRASHANTH KOTIAN</b>                                     | <b>7<sup>th</sup> October</b>  |
| <b>Annet.ANANYA SHETTY,<br/>D/O. RTN. RAJESH SHETTY K</b>       | <b>9<sup>th</sup> October</b>  |
| <b>Rtn GANESH M P</b>   | <b>10<sup>th</sup> October</b> |
| <b>Rtn.PHF. ANIL V BALIGA M</b>                                 | <b>13<sup>th</sup> October</b> |
| <b>Jon NIKHIL GATTY,<br/>S/o RTN UMESH GATTY</b>                | <b>15<sup>th</sup> October</b> |
| <b>Annet.PRATEEKSHA BHANDARY,<br/>D/O. RTN. GANESH BHANDARY</b> | <b>28<sup>th</sup> October</b> |
| <b>Annet.ANIKA.BALIGA,<br/>D/O. RTN.ANIL BALIGA</b>             | <b>31<sup>st</sup> October</b> |

**It is scientifically proven that people who have more birthdays live longer. Congrats on your success.**



## WEDDING ANNIVERSARY WISHES TO OUR MEMBERS

|  |                                |
|--|--------------------------------|
| <b>Rtn. GANESH BHANDARY &amp; Ann.SUPRIYA BHANDARY</b> | <b>18<sup>th</sup> October</b> |
| <b>Rtn. RAHUL SUVARNA &amp; Ann.PALLAVI RAHUL</b>      | <b>25<sup>th</sup> October</b> |
| <b>Rtn. NAGARAJ KAMATH &amp; Ann.NIVEDITHA KAMATH</b>  | <b>28<sup>th</sup> October</b> |
| <b>Rtn. SURAJ N D HEBBAR &amp; Rtn.SHILPA KEMTUR</b>   | <b>28<sup>th</sup> October</b> |

**May you both enjoy one another's company today and always. Best wishes on your marriage anniversary!**





The work of Rotary begins in the community, and every community has its own unique needs and concerns. While we serve in countless ways, we've focused our efforts in six key areas to maximize our impact. These areas encompass some of the world's most critical and widespread humanitarian needs. Rotary members planning new service projects are encouraged to consider these areas and the many opportunities for innovative projects within them. One such key area of focus is Economic & Community development.

Rotary promotes economic and community development and helps in creating meaningful employment for people of all ages. Rotarians worldwide help reduce poverty in the most impoverished communities by strengthening local entrepreneurship, especially amongst women.

We can fight poverty by creating a measurable and sustained, long-term economic improvements to livelihoods in our communities:

- Strengthen the development of entrepreneurs and local leaders and the skills of local organizations and networks so that they are able to support disadvantaged communities.
- Develop meaningful and productive employment opportunities.
- Reduce poverty in impoverished communities.
- Fund scholarships and vocational training teams in the field of economic and community development.



**SMILE .....O.K. PLEASE**



### The Perfect Interview

A man gently knocked the Interview Room door.

"May I come in Sir?"

One of the Panel Members said "Come in".

The Man tried to speak, but he was asked to sit first. So he sat in a Chair facing the Panel Members.

One of them asked, "What do you think of this Room?"

"Very nicely furnished Sir. A nice Carpet, Window Screen, a Board, Projector, White Screen. Great Sir".

"Did you not notice that small paper bundled thrown on the floor? Does it not spoil the ambience?"

"Sir I noticed it as soon as I entered this room. If I say something about this the man who threw this will feel awkward. It was thrown by the person sitting second from left. You can just see the scribbling pad on his table. The pad still has some bit of paper from that bundle because it was not properly torn along the perforations".

"Good observation. Will you just ask the sweeper woman outside to come in and clean this?"

"Yes Sir. Her name Sir?"

There was silence. "OK Sir. I think no one here knows her name. Any way I shall get her here Sir". He went out and asked the name of the sweeper from the Peon sitting outside. He called her "Bhavani, please come and clean this Interview Room".

The interview resumed. "You are doing fine. You respect the people who ever they are. Now can you tell me which one of us is the Boss?"

"Yes Sir. Two of you are just watching this without intervening. One of the two is the Finance man who will step in only while negotiating the salary. The other one is the Director of this whole Play and he is the HR man. The man sitting at the end is just smiling and talking occasionally to you. He is the Boss. Though the person sitting in the centre gets lot of attention from all of you so that I get confused that he is the boss".

"Splendid. You meet all our requirements. Just wait outside for a while so that you can collect your Appointment Order".

"No more questions Sir? Like what is the height of Patel Statue, where was President Murmu MLA earlier etc etc?"

"No more questions need to be asked. We only want your name to be confirmed. You are Mr Giridhar from Hyderabad. Is it not?"

"Sorry Sir. He is waiting outside".

"Then who are you?"

"Sir I am Prakash from the Canteen. I was asked to ascertain the number of cups of Tea and coffee to be brought here and if any snacks are required. Instead I was offered a seat and interviewed. It was nice Sir. I enjoyed it. Now will you please tell me the number of cups of Tea and Coffee to be brought here". 🙄 🙄 🙄 🙄 🙄 🙄 🙄







The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

There are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of Tiaong-Hiyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan

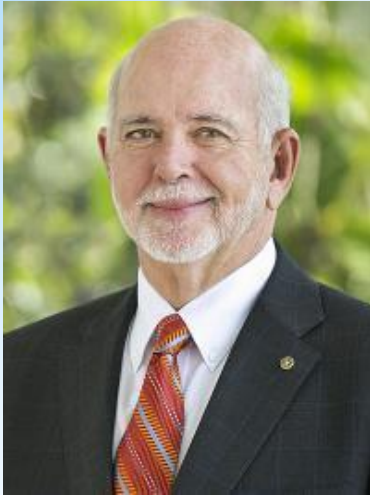
(“one who lights up the home”) with the goal of involving more mothers in health education and wellness support — and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support. Another strong example is in Colorado. In the fall of 2021, a small group of stakeholders from the Rotary Club of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children’s Hospital Colorado to recruit and train pediatric psychiatry providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages. Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment. Investment income from this endowment will support a fellow — a psychologist or psychiatrist — at Children’s Hospital. A new fellow will be named every one to two years, beginning spring of 2024. Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and neighboring states. There are many more great mental health project stories on Rotary Showcase, and I invite you to share your experiences as you begin your own projects. Also, please reach out to [mindhealth@rotary.org](mailto:mindhealth@rotary.org) with any thoughts or ideas you would like to share about mental health in the Rotary world.

On 10 October, I will host a Facebook Live event when we will recognize World Mental Health Day and further explore how Rotary members can begin this journey. But I would like to leave you with one way every Rotary member can make a difference.

Right now, there is someone you know in the Rotary world — in your club, from a project you’ve worked on, in a Rotary Fellowship or Rotary Action Group — who could use a little more of your time and attention. Rotary is this great gift of global friendship, and that also means being there for each other. Discovering the human connections that bind us is what we do through our membership every day. It’s what Rotary has always been about, and we can build on it by helping each other find peace at home.

We need to learn how to ask not just “How are you?” but also “How are you really?” By doing so, Rotary can continue to **Create Hope in the World.**

## TRF TRUSTEE CHAIR'S MESSAGE- OCTOBER-2023



On 24 October, we renew our commitment to our top humanitarian goal for World Polio Day.

This year, let's remember a young health worker in Pakistan known as Bibi Marjana (Miss Marjana). She braves the snow and cold in the mountains to vaccinate 84 children in rural areas, visiting each home, often miles apart.

Marjana is one of the thousands of frontline workers in Afghanistan, Pakistan, and outbreak areas I consider heroes in the final push to end polio. The work they do, coupled with the vision of our partners and the support you give, is moving mountains.

With Rotary's partnership, the Global Polio Eradication Initiative is aggressively pursuing two key goals from its 2022-26 strategy.

First, we aim to halt wild poliovirus type 1 transmission. This year, only six cases have been documented as of this writing. Could this be the year we see the last of these poliovirus cases? We're cautiously optimistic that it might.

Second, we aim to report the final case of circulating vaccine-derived poliovirus type 2, or cVDPV2, in outbreak countries. About 80 percent of cVDPV2 cases last year occurred in subnational areas of the Democratic Republic of Congo, Nigeria, and Yemen. We must implement tailored strategies to stop the virus in these areas.

Other challenges persist, including political tensions, security risks and access issues, and the lasting effect of the pandemic in Afghanistan and Pakistan.

Despite these challenges, we are making progress. Poliovirus strains are diminishing, as is the number of affected regions where polio once prevailed. A new vaccine we have introduced reduces the incidence of the circulating vaccine-derived virus type 2.

Rotary is the organization that had the audacity to take on a global effort to protect children everywhere from disability or even death due to polio. We must have the tenacity to see it to the finish line.

What can you do to help us get there, you ask? Join or initiate a PolioPlus Society in your club or district and engage all members in this historic moment. And don't forget that the Bill & Melinda Gates Foundation continues to amplify Rotary's donations to polio eradication with a 2-to-1 match for every dollar.

You can also advocate the cause of polio eradication with governments to secure political and financial support and promote Rotary's leadership role in all media.



Like Marjana marching up the mountain, we have our goal in sight, and we will keep going until we get there.

**Barry Rassin**  
**Trustee Chair 2023-24**



## ANSWERS TO BRAIN TEASERS

### SUDOKU



|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 4 | 9 | 1 | 2 | 8 | 7 | 3 | 6 |
| 3 | 8 | 1 | 7 | 6 | 9 | 2 | 4 | 5 |
| 7 | 6 | 2 | 4 | 3 | 5 | 9 | 1 | 8 |
| 2 | 1 | 4 | 6 | 8 | 7 | 3 | 5 | 9 |
| 6 | 5 | 7 | 3 | 9 | 4 | 1 | 8 | 2 |
| 8 | 9 | 3 | 5 | 1 | 2 | 6 | 7 | 4 |
| 4 | 2 | 6 | 8 | 7 | 3 | 5 | 9 | 1 |
| 9 | 3 | 5 | 2 | 4 | 1 | 8 | 6 | 7 |
| 1 | 7 | 8 | 9 | 5 | 6 | 4 | 2 | 3 |



### ROTARY QUIZ

- 1) Inner Wheel was formed in January, 1924.
- 2) Inner Wheel was officially founded by Margaret Golding, a nurse, a business woman and wife of a Manchester Rotarian.
- 3) The first e-Rotary Club was formed on 4th January, 2002- "Rotary E-Club One" in RI District 5450, sponsored by Rotary Club of Boulder, Colorado, USA.
- 4) Rotary E-Club of RI District 3150 (Andhra Pradesh & Telangana) is the first Indian E-Rotary Club formed in the year 2010.
- 5) Rotaract was formed in March, 1968 at Charlotte, North Carolina, USA to give young adults a place to connect and take action for good.

### RIDDLES

**"YOUR NAME"**